



# AEROBICS CLASSES

## FUN & FANATICS CLASSES

New for 2009

Salts Sports Association &  
Titus Salt School Aerobics classes

Wednesday evenings, Titus Salt School  
dance hall, classes start 7<sup>th</sup> January

'Fun' session 6 - 7pm

'Fanatics' 7 - 8pm

Suzanne Ives will take you through an entertaining  
aerobics session in the new Titus Salts School dance hall  
to get your pulse raising. 6-7pm for beginners, 7 to 8pm  
for the fanatic aerobic group.

**Cost £1.50 (per class)**