



Salts Junior Tennis Coaching Autumn 2009

Monday 14th September 2009 – Saturday 28th November 2009

10 Weeks

(not including wb 26th October 2009 Autumn Half Term)

New for Autumn 2009

- 1) Indoor Mini Tennis Usage of Titus Salts School on Monday and Wednesday evenings - to allow for an all year round programme!
- 2) More Matchplay built into sessions!
- 3) Junior Club Morning on Saturdays!

Description Of Courses On Offer

Mini Tennis Red (aged 8 and under) It is played on smaller courts with shorter rackets and softer balls. It's just like the real thing and will give you the chance to have long rallies and play different types of shots, which should be lots of fun.

Mini Tennis Orange (aged 8 and 9) It is played on slightly larger courts than red ball, with bigger rackets and balls that are not as soft as red balls. It's the next stage to go through before you start playing on a full sized court and it will help players develop all the different shots, providing fun competition.

Mini Tennis Green (aged 10) Green ball is the next step after orange ball mini tennis. It is played on a full tennis court, with bigger rackets and balls that are a little softer than yellow balls. It's the next stage to go through before you start playing with a full compression yellow ball on a full sized court and it will help players work on and improve all aspects of their game.

Junior Tennis (aged 11 – 13) Play takes place on a full-size tennis court using full tennis balls. Skills are taught/further refined with the emphasis on fun.

Teen Tennis (aged 13-17 years old) Develop individual game styles, lots of drilling, and loads of fun! A match play element is introduced into every session.

Junior Fun Club Morning (5-17yrs) Like a Tennis Camp atmosphere every week! A great chance to mix in and meet new friends!

Junior Matchplay Session (5 – 17yrs) A chance to compete and play matches every week. Organised session with results that count!

Monday at Titus Salts School (Indoors)

4.30 - 5.15pm Mini Tennis Red (aged 8 and under) £30 members £35 non members

5.15 - 6.00pm Mini Tennis Orange (aged 8 and 9) £30 members £35 non members

Monday at Salts Tennis Club

6.30 - 7.30pm Mini Tennis Green (aged 10) £35 members £40 non members

7.30 - 8.30pm Junior Tennis (aged 11-13) £35 members £40 non members

Tuesday at Salts Tennis Club

5.00 - 6.30pm Teen Tennis (aged 13-17) £45.00 members £50 non members

Wednesday at Salts Tennis Club

4.45 - 5.45pm Mini Tennis Green (aged 10 years old) £35 members £40 non members

Wednesday at Titus Salt School (Indoors)

6.00 - 7.00pm Mini Tennis Red (aged 8 and under) £35 members £40 non members

7.00 - 8.00pm Mini Tennis Orange (aged 8 and 9) £35 members £40 non members

Thursday at Salts Tennis Club

5.00 - 6.00pm Junior Tennis (aged 11-13) £35 members £40 non members

6.00 - 7.30pm Teen Tennis (aged 13-17) £45.00 members £50 non members

Saturday at Salts Tennis Club

9.30 - 11.00am Junior Fun Club Morning (aged 5 - 17) £2 per session members £4 per session non members

11.00 - 1.00pm Junior Matchplay Session (aged 5 - 17) £3 per session members £5 per session non members

Special Offer – Book 2 classes for the same child and get £10 off

For further details of the coaching contact: Richard Senior (07855 764777) email richard@tennisunited.net or see the website www.tennisunited.net

SALTS AUTUMN JUNIOR COACHING REGISTRATION AND CONSENT FORM

| | | | |
|---|------------------------|---|---------------------------------|
| 1 Course Applied For, Day, and Fee (e.g. Mini Tennis Monday, £30) | | | |
| | | | |
| 2. Participants Details | | | |
| Name: | | Date of Birth: | Age: |
| | | | |
| 3 Email: | | | |
| 4 Address: | | | |
| | | | |
| Post Code | | | School Name (if applicable) |
| | | | |
| 5. Gender - please tick | | Male <input type="checkbox"/> | Female <input type="checkbox"/> |
| 6. Do you have any long term illness, health problem or a disability? If YES, please state, e.g. learning disability / downs syndrome / cerebral palsy / etc. Please also provide any other additional information you feel necessary (e.g. wheelchair user / guide dog / etc.) | | | |
| | | | |
| 7 Medical Information please give details of any important medical information that our staff should be aware of (e.g. epilepsy, asthma, diabetes). | | | |
| | | | |
| 8 Emergency Contact. (If participant is under 16 this must be completed by the legal Parent / Guardian). | | | |
| Name: | Relationship to child: | Tel (1): | Tel(2): |
| | | | |
| 9. If Under 16, please detail your Child's arrangements for returning home. | | | |
| Will be collected by: | | Will make their own way home <input type="checkbox"/> | |

Please complete the application form and return with a cheque made payable to 'Richard Senior' to:

**Tennis United
5 St. Lawrence Terrace
Pudsey
Leeds
LS28 7ES**