



## Salts Junior Tennis Coaching Spring 2010

**Monday 1st February 2010 – Saturday 3rd April 2010 8 Weeks**

**(not including wb 15th February 2010 Spring Half Term)**

**PLACES ARE AVAILABLE**

Description Of Courses On Offer

(please note ages given are just a guideline – flexibility is offered depending on ability)



**Futures Mini Tennis** (aged 7 and under) It is played on smaller courts with shorter rackets and softer balls. It's just like the real thing and will give you the chance to have long rallies and play different types of shots, which should be lots of fun.

**Futures Midi Tennis** (aged 8 -10) It is played on slightly larger courts than red ball, with bigger rackets and balls that are not as soft as red balls. It's the next stage to go through before you start playing on a full sized court and it will help players develop all the different shots, providing fun competition.



**Challenger Junior Tennis** (aged 11 – 13) Play takes place on a full-size tennis court using green or full tennis balls depending on age/ability. Skills are taught/further refined with the emphasis on fun.



**World Tour Teen Tennis** (aged 14-17 years old) Develop individual game styles, lots of drilling, and loads of fun! A match play element is introduced into every session.

SPRING PROGRAMME

Monday at Titus Salts School (Indoors)

4.30pm - 5.15pm Mini Tennis (aged 7 and under) £24 members £28 non members

5.15pm - 6.00pm Midi Tennis (aged 8 – 10) £24 members £28 non members

Monday at Salts Tennis Club

6.15pm - 7.15pm Junior Tennis (aged 11-13) £32 members £38 non members

Tuesday at Salts Tennis Club

5.00pm - 6.30pm Teen Tennis (aged 14-17) £40.00 members £48 non members

Wednesday at Salts Tennis Club

4.45pm - 5.45pm Junior Tennis (aged 11-13) £32 members £38 non members

Wednesday at Titus Salt School (Indoors)

6.00pm - 7.00pm Mini Tennis (aged 7 and under) £32 members £38 non members

7.00pm - 8.00pm Midi Tennis (aged 8 - 10) £32 members £38 non members

Thursday at Salts Tennis Club

4.45pm - 6.00pm Junior Tennis (aged 11-13) £36 members £42 non members

6.00pm - 7.30pm Teen Tennis (aged 14-17) £40.00 members £48 non members

Saturday at Salts Tennis Club

9.00am - 10.00am Mini Tennis (aged 7 and under) £32 members £38 non members

10.00am - 11.00am Midi Tennis (aged 8 – 10) £32 members £38 non members

11.00am - 12.30pm Teen Tennis (aged 14-17) £40.00 members £48 non members

Special Offer – Book 2 classes for the same child and get second class half price!

For further details of the coaching contact: Richard Senior (07855 764777) email [richard@tennisunited.net](mailto:richard@tennisunited.net) or see the website [www.tennisunited.net](http://www.tennisunited.net)

**SALTS SPRING JUNIOR COACHING REGISTRATION AND CONSENT FORM**

1 Course Applied For, Day, and Fee ( e.g. Mini Tennis Monday, £30)									
2. Participants Details									
Name:					Date of Birth:			Age:	
3 Email:									
4 Address:									
Post Code				School Name (if applicable)					
5. Gender - please tick					Male <input type="checkbox"/>			Female <input type="checkbox"/>	
6. Do you have any long term illness, health problem or a disability? If YES, please state, e.g. learning disability / downs syndrome / cerebral palsy / etc. Please also provide any other additional information you feel necessary (e.g. wheelchair user / guide dog / etc.)									
7 Medical Information please give details of any important medical information that our staff should be aware of (e.g. epilepsy, asthma, diabetes).									
8 Emergency Contact. (If participant is under 16 this must be completed by the legal Parent / Guardian).									
Name:			Relationship to child:			Tel (1):		Tel(2):	
9. If Under 16, please detail your Child's arrangements for returning home.									
Will be collected by:						Will make their own way home <input type="checkbox"/>			

**Please complete the application form and return with a cheque made payable to 'Richard Senior' to:**

**Tennis United  
5 St. Lawrence Terrace  
Pudsey  
Leeds  
LS28 7ES**